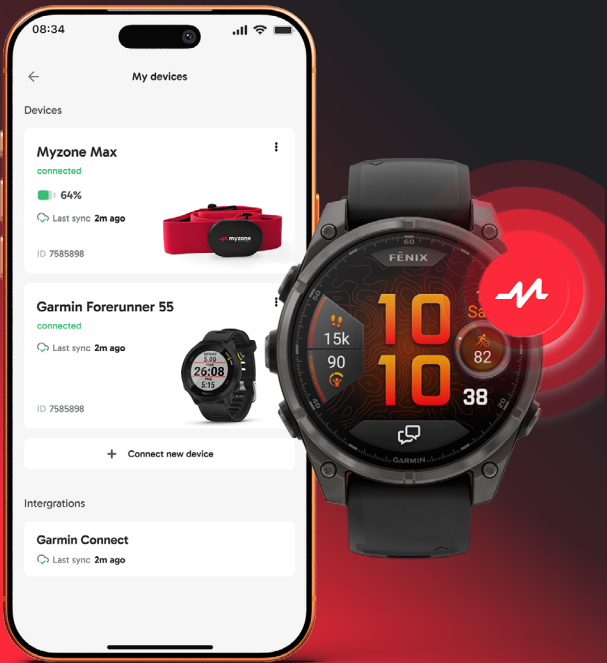


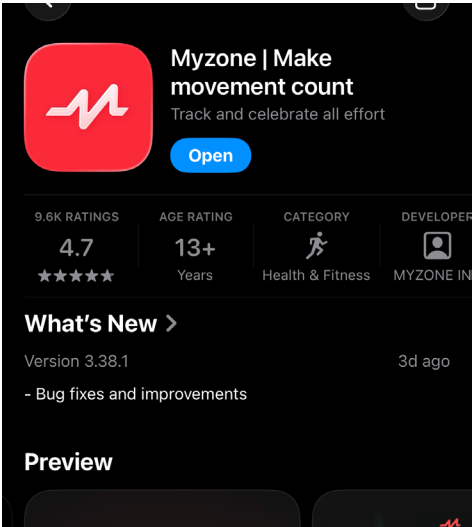
# Setup Guide

## New Users

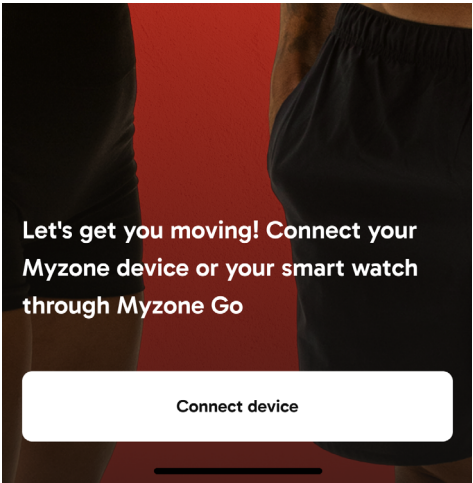
First-time connection of a Garmin device by non-subscribers



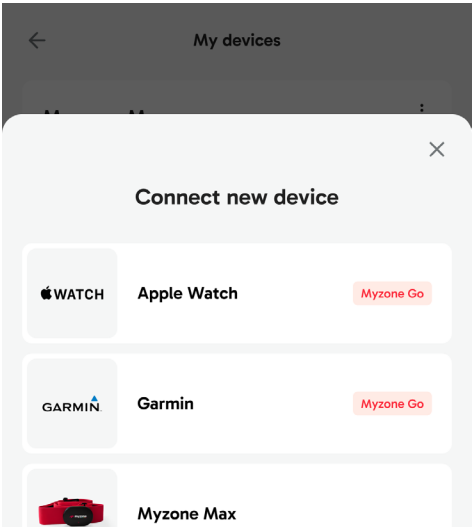
### 01 Download the Myzone App



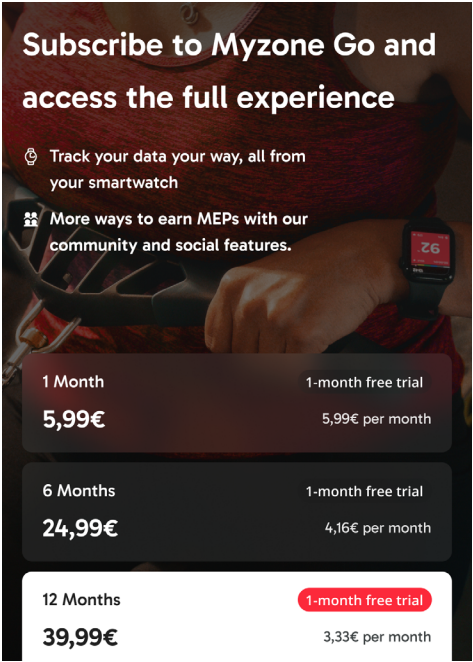
### 02 Setup your profile



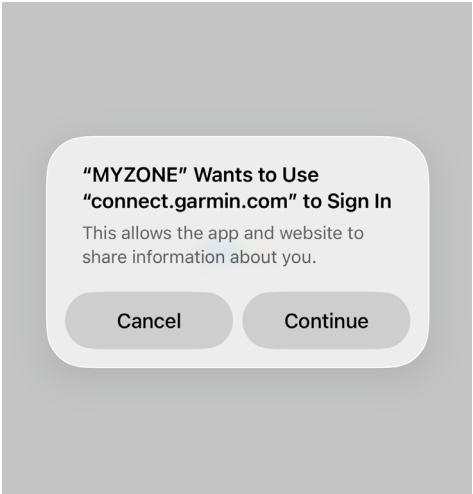
### 03 Connect a Device



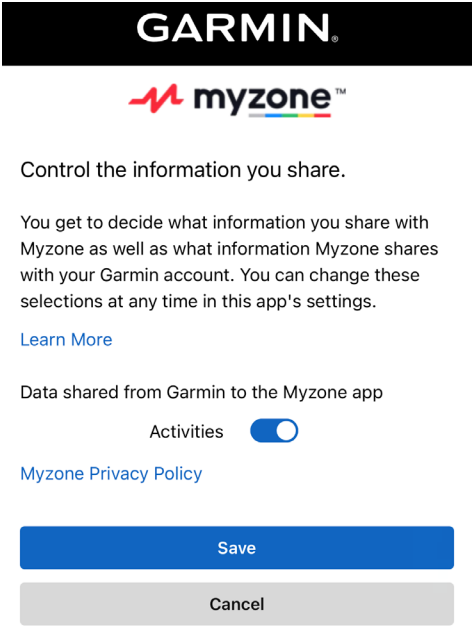
### 04 Subscribe to Myzone GO



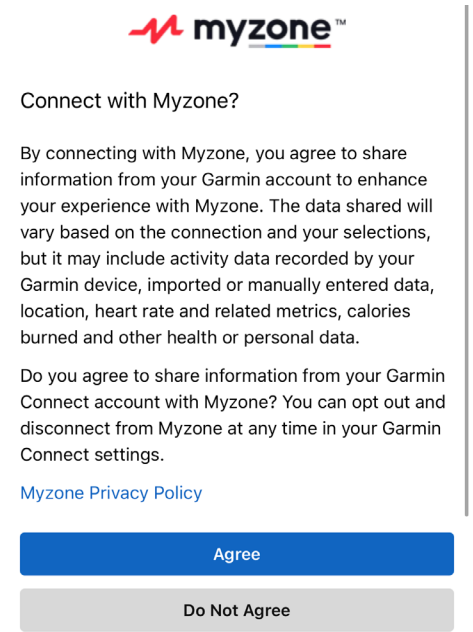
### 05 Garmin Connect - Sign in



### 06 Garmin Connect - Data Sharing

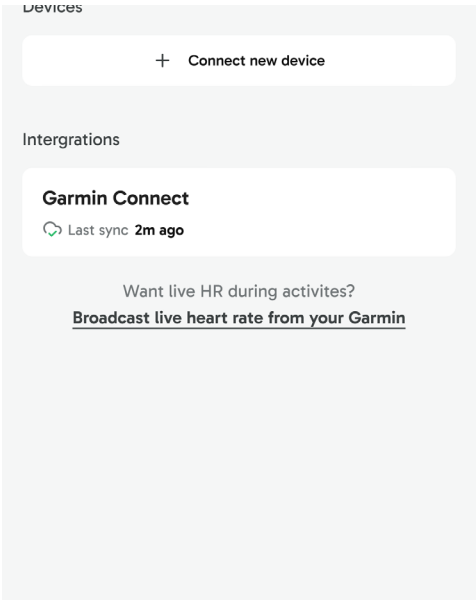


### 07 Garmin Connect - Permissions

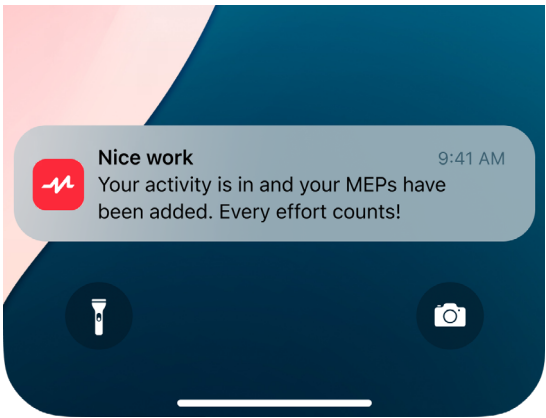


### 08 Devices & Integration Page

Garmin integration shows up



### 09 MEPs automatically added to your account after each workout



01

Myzone App Steps



01

Garmin Connect Steps